

R.H. MEMORIAL PUBLIC SCHOOL
SEC - 87 , KANKROLA, GURUGRAM

HOLIDAY HOMEWORK (CLASS 8th) SESSION 2022-23

❖ ENGLISH

- Read the chapter “Glimpses of the past”. You will find the history of our country from 1757 to 1857. There are many more stories about the revolution of 1857, read about some freedom fighters and make on their freedom fight story.
- Write down some Antonyms & Synonyms on A-4 sheet.

❖ MATHS

- 1.REVISE ALL THE CHAPTERS FROM RS AGARWAL THAT YOU HAVE DONE IN CLASS.
- MAKE A SCRAP BOOK TO REPRESENT ALL THE PROPERTIES OF WHOLE NUMBERS AND ANY FIVE POLYGONS USING MATCHSTICKS (USING CREATIVE AND INNOVATIVE SKILLS.)
- PREPARE A PROJECT ON THE THEME OF SWACHH BHARAT ,SWASTH BHARAT PREPARE YOUR DAILY DIET CHART AND WRITE THE AMOUNT OF CALORIES AND MAJOR NUTRIENTS THAT YOU INTAKE AND REPRESENT IN BARGRAPH USING A4 SHEETS FOLLOW LINK -

<https://www.nephroplus.com/nutrient-content-common-food-items/>

MATHS (Sample)

Date	Days	Nutrients				
		Protein	Carbohydrates	Roughage	Vitamin & Minerals	Fats
	Monday					
	Tuesday					
	Wednesday					
	Thursday					
	Friday					
	Saturday					
Note - Take atleast 7 glasses of water every day						

❖ Science

- 1- PREPARE 2 CHARTS ON BALANCED diet.
- Complete your workbook of chapter - 17 , 7 , 3 , 10 ,
- Learn Lesson - 18 , 7 , 3 , 10 , 15 , 17

❖ हिन्दी

- (A I L) योगा के महत्व का सचित्र वर्णन कीजिए ।
- (A S L) ओडियो पर आधारित प्रश्नो के उत्तर लिखो ।
- १ कद्मुआ कहाँ रहता था ?
- २ कद्मुए की दोस्ती किससे थी?

- ३ बाघ को देखकर कौन चिल्लाया ?
- ४ तालाब तक कौन नहीं पहुँचा ?
- ५ बाघ ने किसे उठाकर पानी में फेक दिया ?
- ६ कद्मुआ तैरता हुआ कहाँ गायब हो गया?
- ७ दावत के सपने कौन देख रहा था?
- ८ तालाब शब्द के पर्यायवाची शब्द लिखो?
- ९ मित्र एवं स्वादिष्ट शब्द के विलोम शब्द लिखो?
- १० इस ओडियो मे आये संग्या शब्द लिखो?

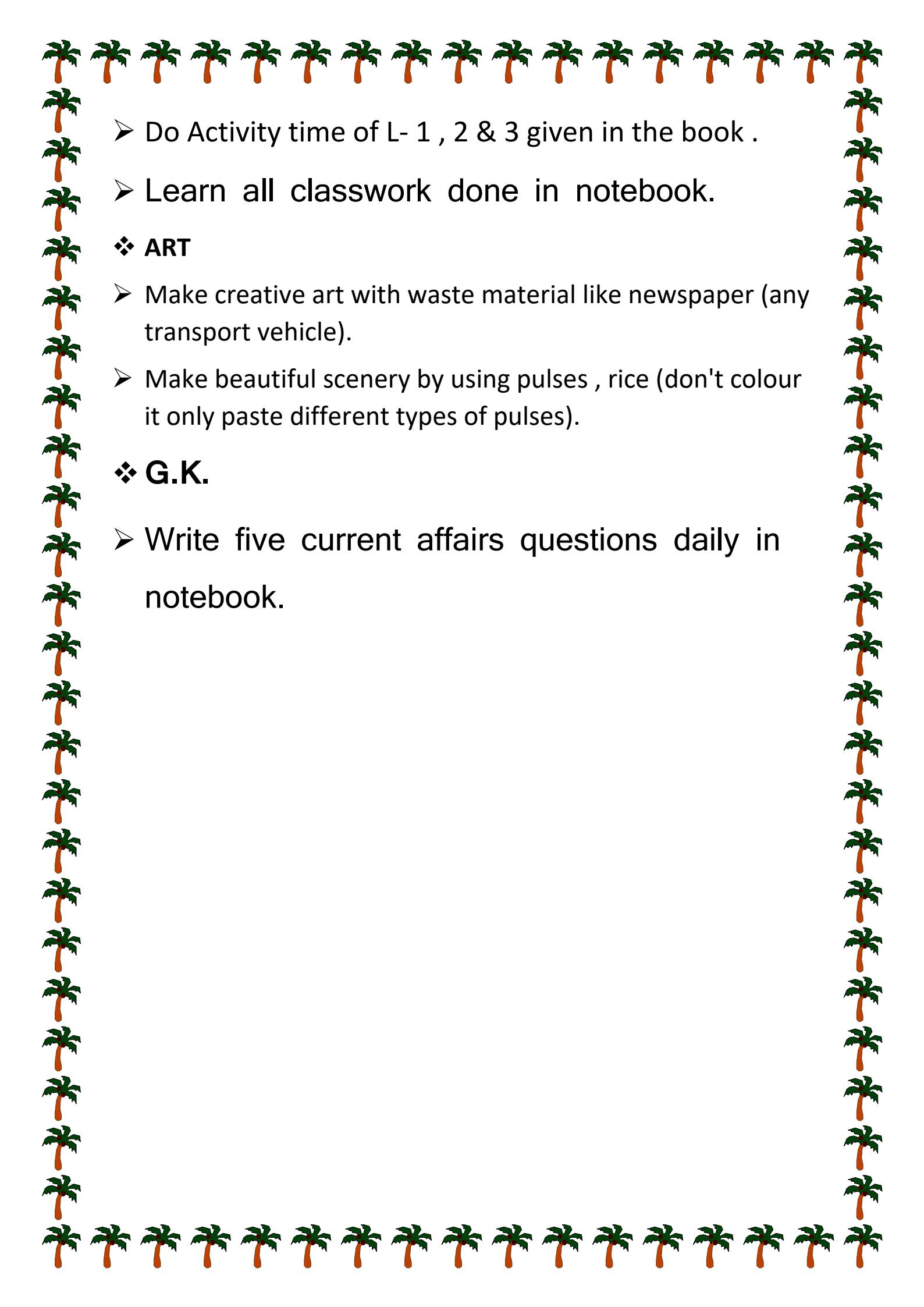
❖ **S.S.T.**

- TOPIC-EXPLAIN HISTORY OF YOGA
WITH PICTURES and mention in the map (famous places of yoga)

❖ **Sanskrit**

- योगा दिवस के महत्व पर संस्कृत भाषा मे पाँच वाक्य लिखो ।
- जानवरो के नाम संस्कृत भाषा मे लिखो व याद करो
- पाठ - १,२,३ के शब्दार्थ लिखो व याद करो।

❖ **COMPUTER**



➤ Do Activity time of L- 1 , 2 & 3 given in the book .

➤ Learn all classwork done in notebook.

❖ ART

➤ Make creative art with waste material like newspaper (any transport vehicle).

➤ Make beautiful scenery by using pulses , rice (don't colour it only paste different types of pulses).

❖ G.K.

➤ Write five current affairs questions daily in notebook.